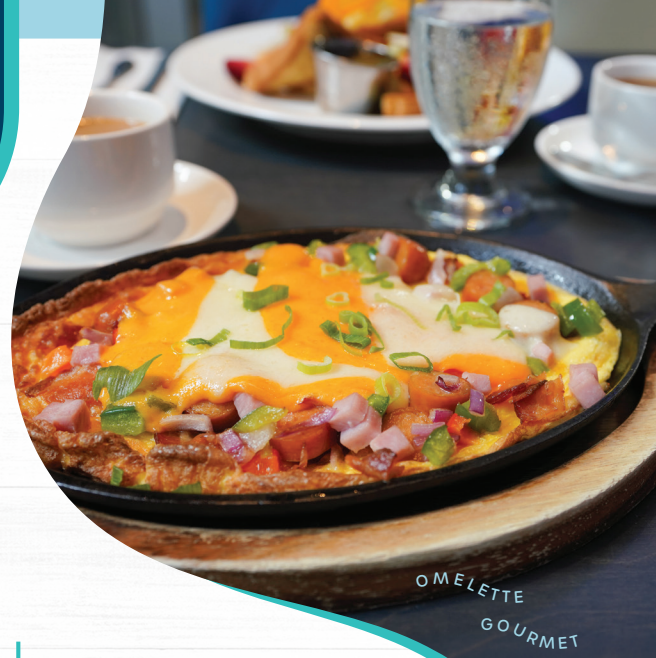


# breakfast

## MENU



OMELETTE  
GOURMET

Start the day with a homemade smoothie:  
Chef's choice flavour

6<sup>75</sup>

## Classics

Served with browned potatoes | toast  
fresh fruit | coffee or tea

Option #1	11
1 egg	
Option #2	12
2 eggs	
Option #3	13
1 egg   bacon, ham or sausages	
Option #4	14 <sup>50</sup>
2 eggs   bacon, ham or sausages	
The Real Deal	
Bacon   sausage   ham   mini meat pie   baked beans crêpe   French toast   cretons	
1 egg	17 <sup>50</sup>
2 eggs	18 <sup>50</sup>

## Puffy omelettes

Served with browned potatoes | toast  
coffee or tea

Plain	15
3 cheeses	17
White cheddar   yellow cheddar   mozzarella	
Gourmet	18 <sup>50</sup>
Sausages   ham   bacon   red onions   bell peppers cheddar	
10Vagues	22 <sup>50</sup>
Salmon   Feta cheese   fresh spinach   red onions hollandaise sauce	

BENE-10VAGUES



## Bene-section

Served with browned potatoes | fresh fruit  
coffee or tea

### Classic eggs benedict

Poached egg | ham | hollandaise sauce on English  
muffin

1 egg	14 <sup>25</sup>
2 eggs	15 <sup>75</sup>

### Bene-ham & cheddar cheese

Poached egg | ham | cheddar cheese | hollandaise  
sauce on English muffin

1 egg	15 <sup>25</sup>
2 eggs	17

### Bene-forestier

Poached egg | pan-fried mushrooms | hollandaise  
sauce on English muffin

1 egg	15 <sup>50</sup>
2 eggs	17 <sup>25</sup>

### Bene-10Vagues

Poached egg | smoked salmon | hollandaise sauce  
on English muffin

1 egg	17 <sup>50</sup>
2 eggs	19 <sup>50</sup>



1 CRÊPE & 1 FRESH TOAST

# Healthy section

Served with toast | Coffee or tea

**Tortifoly** ..... **13<sup>75</sup>**  
 Fruit mix | slivered almonds | Harvest Cruch cereal  
 100% pure maple syrup | vanilla yogurt | golden wheat  
 tortilla strips

**Healthy plate** ..... **15<sup>50</sup>**  
 Fresh fruit mix | vanilla or strawberry yogurt  
 cottage cheese | poached egg

# Sweet section

Served with Fresh Fruit | Coffee or tea

**1 crêpe & 1 French toast** ..... **15<sup>75</sup>**  
 Topped with fruit

**3 crêpes** ..... **14**  
 100% pure maple syrup

**French toast** ..... **13<sup>75</sup>**  
 2 slices of home-baked bread | 100% pure maple syrup



TORTIFOLY

# The sides

Bacon (2), ham, sausages (2), cretons  
 or mini meat pie ..... **3<sup>75</sup>**

Crêpe (1), waffle (1) or home-baked  
 French toast (1) ..... **5<sup>50</sup>**

Baked beans ..... **3<sup>50</sup>**

Whole fruit (apple, banana or orange) ..... **3**

Egg to your taste ..... **3<sup>25</sup>**

Browned potatoes ..... **4<sup>50</sup>**

Toast (2) or bagel (1) | jam ..... **5<sup>50</sup>**

Home-made fruit salad ..... **7<sup>00</sup>**

Smoked salmon 8oz ..... **11<sup>00</sup>**

100% pure maple syrup ..... **2<sup>25</sup>**

Vanilla or strawberry yogurt ..... **5<sup>75</sup>**

## EXTRA CHEESE

Cream cheese 4 oz ..... **3<sup>25</sup>**

Cheddar cheese (2 slices) ..... **4<sup>50</sup>**

Cottage cheese ..... **4<sup>50</sup>**

# beverages

Coffee, tea or hearbal tea ..... **3<sup>40</sup>**

Juice (orange, apple, pineapple, cranberry  
 or grape) ..... **3<sup>25</sup>**

Lemonade ..... **3<sup>25</sup>**

Glass of milk ..... **3<sup>25</sup>**

Hot or cold chocolate milk ..... **3<sup>75</sup>**

CLASSIC OPTION #1



Please let us know of any  
 Food allergies or intolerances.  
 Taxes and gratuities not included.  
 Prices subject to change without notice

