

# breakfast

## MENU

Start the day with a homemade smoothie:  
Chef's choice Flavour

6<sup>75</sup>



CLASSIC  
OPTION #1

## Classics

Served with browned potatoes | toast  
Fresh fruit | coffee or tea

Option #1 11<sup>50</sup>  
1 egg

Option #2 12<sup>50</sup>  
2 eggs

Option #3 13<sup>75</sup>  
1 egg | bacon, ham or sausages

Option #4 15  
2 eggs | bacon, ham or sausages

### The Real Deal

Bacon | sausage | ham | mini meat pie | baked beans  
crêpe | French toast | cretons

1 egg 18<sup>75</sup>

2 eggs 19<sup>75</sup>

## The stars

Served with coffee or tea

Healthy delight 18<sup>95</sup>

Guacamole spread and avocado pieces on  
artisan bread | Mozzarella cheese | cottage cheese  
hardboiled egg homemade bruschetta | browned  
potatoes | Fresh fruit

Breakfast sandwich on artisan bread 18<sup>95</sup>

Ham | egg | cheddar | lettuce | tomatoes | browned  
potatoes | Fresh fruit

Breakfast poutine 19<sup>95</sup>

French Fries | cheese curds| hollandaise sauce  
bacon | sausage | ham | poached egg

Good morning pizza 20<sup>95</sup>

Hollandaise sauce with sundried tomato pesto | bacon  
sausage | ham | bell peppers | onions | mozzarella  
cheese | poached egg

## Bene-section

Served with browned potatoes | Fresh fruit  
coffee or tea

### Classic eggs benedict

Poached egg | ham | hollandaise sauce, on English  
muffin

1 egg 14<sup>75</sup>

2 eggs 16<sup>25</sup>

### Bene-ham & cheddar cheese

Poached egg | ham | cheddar cheese | hollandaise  
sauce, on English muffin

1 egg 16

2 eggs 18

### Bene-forestier

Poached egg | pan-fried mushrooms | hollandaise  
sauce, on English muffin

1 egg 16

2 eggs 17<sup>75</sup>

### Bene-10Vagues

Poached egg | smoked salmon | hollandaise sauce,  
on English muffin

1 egg 18

2 eggs 20<sup>50</sup>



Please let us know of any  
Food allergies or intolerances.

Taxes and gratuities not included.  
Prices subject to change without notice.



TORTIFOLY

# Puffy omelettes (3 eggs)

Served with browned potatoes | toast  
coffee or tea

Plain	15 <sup>50</sup>
3 cheeses	18
White cheddar   yellow cheddar   mozzarella	
Gourmet	19
Sausage   ham   bacon   red onion   bell pepper cheddar	
10Vagues	23 <sup>50</sup>
Salmon   Feta cheese   spinach   red onion hollandaise sauce	



OMELETTE GOURMET

## Sweet section

Served with Fresh Fruit | Coffee or tea

3 crêpes	15
100% pure maple syrup	
French toast	15
3 slices of home-baked bread   100% pure maple syrup	

## Healthy section

Served with coffee or tea

TortiFoly	14 <sup>25</sup>
Fruit mix   slivered almonds   Harvest Cruch cereal 100% pure maple syrup   vanilla yogurt   golden wheat tortilla strips	
Healthy plate	16
Fresh Fruit mix   vanilla or strawberry yogurt cottage cheese   poached egg	

## The sides

Bacon (2), ham, sausages (2), cretons or mini meat pie	4
Crêpe (1), waffle (1) or home-baked French toast (1)	5 <sup>50</sup>
Baked beans	3 <sup>50</sup>
Whole fruit (apple, banana or orange)	3
Egg to your taste	3 <sup>25</sup>
Browned potatoes	4 <sup>50</sup>
Toast (2) or bagel (1)   jam	5 <sup>50</sup>
Home-made Fruit salad	7

## Beverages

Coffee, tea or hearbal tea	3 <sup>50</sup>
Juice	3 <sup>50</sup>
Apple   Pineapple   Cranberry   grape Lemonade	
Milk	3 <sup>50</sup>
Hot or cold chocolate milk	3 <sup>75</sup>
Orange juice	4

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Smoked salmon 70 g	11
100% pure maple syrup 2.50 oz	2 <sup>25</sup>
Vanilla or strawberry yogurt	5 <sup>75</sup>
EXTRA CHEESE	
Cream cheese 4 oz	3 <sup>25</sup>
Cheddar cheese (2 slices)	4 <sup>50</sup>
Cottage cheese	4 <sup>50</sup>

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